

CHAN WORKSHOP AND RETREAT WITH CHAN MASTER GILBERT GUTIERREZ



CHAN MASTER **GILBERT GUTIERREZ** has practiced and taught Chan meditation for over fifty years. He received the dharma transmission from Sheng Yen, the founder of the Dharma Drum tradition in Taiwan. Gilbert is the only dharma heir of Sheng Yen in America. He teaches in places all around the world – in America, Europe, Taiwan, and elsewhere in Asia. He taught in Estonia for the first time in 2025.

WORKSHOP 8 August, 2026

 Umbusi Buddhist Center

"The Roots of Chan: Demonstrating the Six Paramitas (Perfection of the Wisdom Practice)"

Register here:



CHAN RETREAT 9–17 August, 2026

 Männiku Metsatalu (Viljandimaa)

The seven-day meditation retreat (chan-qi) offers the opportunity to practice chan meditation with guided dharma lectures by Master Gilbert.

The general topic of Master Gilbert's lectures is "Applying Ti-Yong (Essence and function) to the Chan Practice".

Essence and Function predated the entrance of Buddhism into China. It gave Chinese Chan Buddhism its foundation to prosper in a foreign land. This Eastern Asian Buddhism then spread to Japan, Korea and Vietnam.

Additional information

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